

A STUDY ON AWARENESS OF PEOPLE ABOUT JELLYFISH ALONG THE SOUTHWEST COASTS OF TURKEY

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ABSTRACT

This study is about a questionnaire developed to collect data related awareness of people about jellyfish and injury cases. The questionnaire was distributed to 226 people in the touristic areas of the west and the southwest regions of Turkey, with the participants consisting of holiday-makers, people working in the tourism sector, fishermen, divers as well as local dwellers. Overall, 78% of the participants had previous awareness of the existence of jellyfish, whereas the remaining 22% had heard about jellyfish for the first time only. The most known jellyfish species were *Aurelia aurita*, *Cotylorhiza tuberculata*, *Chrysaora hysoscella* and *Rhizostoma pulmo*. In total, 42% of the participants had run into jellyfish at least on one occasion before. The most common injuries were erythema, itching and blistering, and two people retained scars caused by *Pelagia noctiluca*. Of the participants that were injured by jellyfish, 91% did not seek hospitalisation or health care, 76% were unaware of the measures necessary following jellyfish injury, and 96% of those who spotted jellyfish whilst swimming or from the beach did not inform any academic institution or research organisation. Since jellyfish form swarms that are usually carried around randomly by currents, it is mandatory that people be informed about jellyfish blooms and possible related injuries. This is especially important since jellyfish injury cases are generally not being recorded from hospitals and health care providers throughout Turkey. The present questionnaire-based study has shown that even people affected by jellyfish injuries fail to notify relevant institutes or organisations. Further questionnaires and related projects should be implemented so as to collect data of jellyfish injuries and to increase people's awareness of jellyfish-related risks in other parts of Turkey.

Keywords: Questionnaire-based study, Local ecological knowledge, Medusae, Injury, Jellyfish bloom

Introduction

Jellyfish blooms are often observed around the world. Coastal aggregations of jellyfish have become a serious problem for the bathers on the coasts. Jellyfish stings threaten on human health by toxic and allergic reactions (Burnett, 2001; Fenner, 1998; Mariottini and Pane, 2010). In Australia, many people affected by stings of the Irukandji species every year even fatal cases are seen every 3-4 years (Gershwin et al., 2013). Mediterranean jellyfish species are not lethal but some species for example *Physalia physalis*, *Rhopilema nomadica*, *Carybdea marsupialis* and *Pelagia noctiluca* can cause serious problems on human (Mariottini and Pane, 2010). From these species only *R. nomadica* and *P. noctiluca* distribute in Turkey seas. *P. physalis* sting causes severe pain and urticarial on humans (Lin and Hessinger, 1979). Many injury cases by *P. physalis* were reported in French coasts in 2008, 2010 and 2011 (Labadie et al., 2012). *C. marsupialis* which was recorded from Aegean coasts of Turkey (Çınar et al., 2014) venom effects on human skin and causes severe pain, burning sensation, erythematous vesicular eruption and local oedema (Kokelj et al., 1992; Milla et al., 2000; Sanchez-Rodriguez et al., 2006). Also this species consumes zooplankton and ichthyoplankton and effects on fish populations directly and indirectly (Larson, 1976; Nogueira Jr and Haddad, 2008; Bordehore et al., 2011). According to Gordo et al. (2013) *P. noctiluca* has predation capacity on Atlantic Bluefin Tuna eggs. Also this species which can cause erythema, edema, itching, burning, vesicles and severe pain in the skin (Scarpa, 1984; 1987; Kokelj and Burnett, 1988; Carli et al., 1991; Carli et al., 1995) is the most dangerous native Mediterranean jellyfish (UNEP, 1984). *R. nomadica* which has injured holiday makers and clogged fishing nets as a result of its massive aggregations in the Levantine coasts of Turkey (Öztürk and İşinibilir, 2010) causes hospital cases with severe pain. Also, *Chrysaora hysoscella* is another dangerous jellyfish with long tentacles and isorhiza and eurytele nematocysts (Vaissiere, 1983; Gülşahin, 2016). *Rhizostoma pulmo* is moderately venomous species which is not caused hospital cases (Mariottini and Pane, 2010). Erythema, burning, sneezing, rhinorrhea, urticaria can occur by *R. pulmo* injuries. *Cotylorhiza tuberculata* is unharmed scyphozoan (Bernard, 1991). This species which its diameter can reach up to 40 cm, causes feeling fear and nuisance on the swimmers when it occurred huge swarms in coastal areas (Kikinger, 1992; Bernard, 1991). Jellyfish consume zooplankton, fish eggs and larvae are in competition with fish. Also, jellyfish negatively effect on fishery and aquaculture activities (Purcell et al. 2007). Bosch-Belmar et al. (2017) showed for the first time that jellyfish blooms effected negatively aquaculture facilities in Tunisia, Italy, Spain and Malta by

causing gill disorders and mortality of farmed fish and clogging net cages.

Marine ecosystems are affected by anthropogenic factors for example settlement success of polyps increase related by rising on marina, port and pier constructions (Purcell et al. 2007). Tourism is one of the important sectors of Turkey. Turkey which surrounded by the Mediterranean Sea, the Aegean Sea, the Marmara Sea and the Black Sea is an important location for the distribution of both native and alien jellyfish species. The scyphozoans which distribute in Turkey coasts are *Aurelia aurita*, *Rhizostoma pulmo*, *Cotylorhiza tuberculata*, *Phyllorhiza punctata*, *Rhopilema nomadica*, *Cassiopea andromeda*, *Pelagia noctiluca*, *Chrysaora hysoscella*, *Drymonema dalmatinum*, *Periphylla periphylla*, *Discomedusa lobata*, *Nausithoe punctata* and *Paraphyllina ransonii* (Çınar et al., 2014; İşinibilir et al., 2015; İşinibilir and Yılmaz, 2016). In Marmara Sea and Bosphorus Strait, *Aurelia aurita* blooms are seen commonly from spring to autumn (İşinibilir and Yılmaz, 2016; 2017). Also, *A. aurita* shows blooms in the north Aegean Sea, especially in Çanakkale, Gelibolu, Edremit Bay, and also, in İzmir Bay every year in late spring and early summer. This species forms swarms in Fethiye almost every year. These blooms can be seen even in the winter months (Gülşahin, 2017). Also, *C. tuberculata* occurs in large numbers in August, September and October in Gökova Bay, Muğla every year (Gülşahin and Tarkan, 2011, Gülşahin, 2017). This species showed high abundance in August and September in Güllük Bay (Öztürk et al. 2006). *R. pulmo* is commonly found in the western and the eastern Black Sea (İşinibilir and Yılmaz, 2017). Especially, in the eastern areas this species shows blooms in July and August every year (Gülşahin, 2017). *Cassiopea andromeda* which is a lessepsian species is successfully settled in Turkey. This species is seen with high abundances in the southern Aegean Sea (Özgür and Öztürk, 2008). Also, another lessepsian species *R. nomadica* was recorded in the southern Aegean Sea and the Mediterranean coasts of Turkey (Kıdeyş and Gücü, 1995; Öztürk and İşinibilir, 2010; Gülşahin and Tarkan, 2011). Especially, in the Antalya, İskenderun and Mersin Bays this species forms swarms in the summer months, so the fishermen complain about to blooms of this species (Sakınan, 2011; Turan et al. 2011). In July 2009, large amount of *R. nomadica* was caught by trawl in Mersin Bay. This species composed 60% of the total catch by all fishing gears in Antalya, Mersin and İskenderun Bays in March and April 2011. The fishermen were affected these swarms of *R. nomadica* economically (Turan et al., 2011).

This study was performed to collect data related awareness of people about jellyfish and injury cases. Since jellyfish form swarms that are usually carried around randomly by currents, it is mandatory that people be informed about jellyfish blooms and possible related injuries. This is especially important since jellyfish injury cases are generally not being recorded from hospitals and health care providers throughout Turkey. Also, this study is aimed to create awareness about the jellyfish blooms and their effects on humans on the citizen.

Materials and Methods

The questionnaire was performed on 226 persons including 141 male and 85 female. The participants were holiday makers, fishermen, divers, people working in the tourism sector and local dwellers in İzmir, Kuşadası, Akyaka, Bodrum, Marmaris and Fethiye in July and August 2015. These locations are popular touristic areas, as well as fishing areas in Turkey (Figure 1).

It was asked to the participants that whether or not knew the jellyfish. Also, it was asked to the participants who contacted with jellyfish to enumerate the pain levels between 1 (very mild) and 5 (very severe). Colored pictures of the scyphozoan species which distributed in Turkey coasts were

showed to the participants and were asked to show what they had seen before which of these species. Also, it was asked to the participants who knew the jellyfish that what should be done in jellyfish injury. The questionnaire form was showed in Figure 2.

Results and Discussion

Seventy eight percent of the participants declared they knew the jellyfish. Also, number of the participants have ever been in contact with a jellyfish was 74 (42%) among those who know the jellyfish. This ratio was high when it was thought of holiday makers for a limited time for vacation because of their job or income levels. These people who contact with a jellyfish described these organisms soft, transparent, jelly-like and colourless. Colours of the jellyfish they meet were purple, white, blue, brown and yellowish. Thirteen persons said they saw the jellyfish with bell size 15-20 and 20-25 cm. only two persons have met 1-5 cm bell sized jellyfish. Twelve persons have given information about the tentacle length (Figure 3). Most of the participants (62%) saw the whitish jellyfish which is thought to be *A. aurita*.

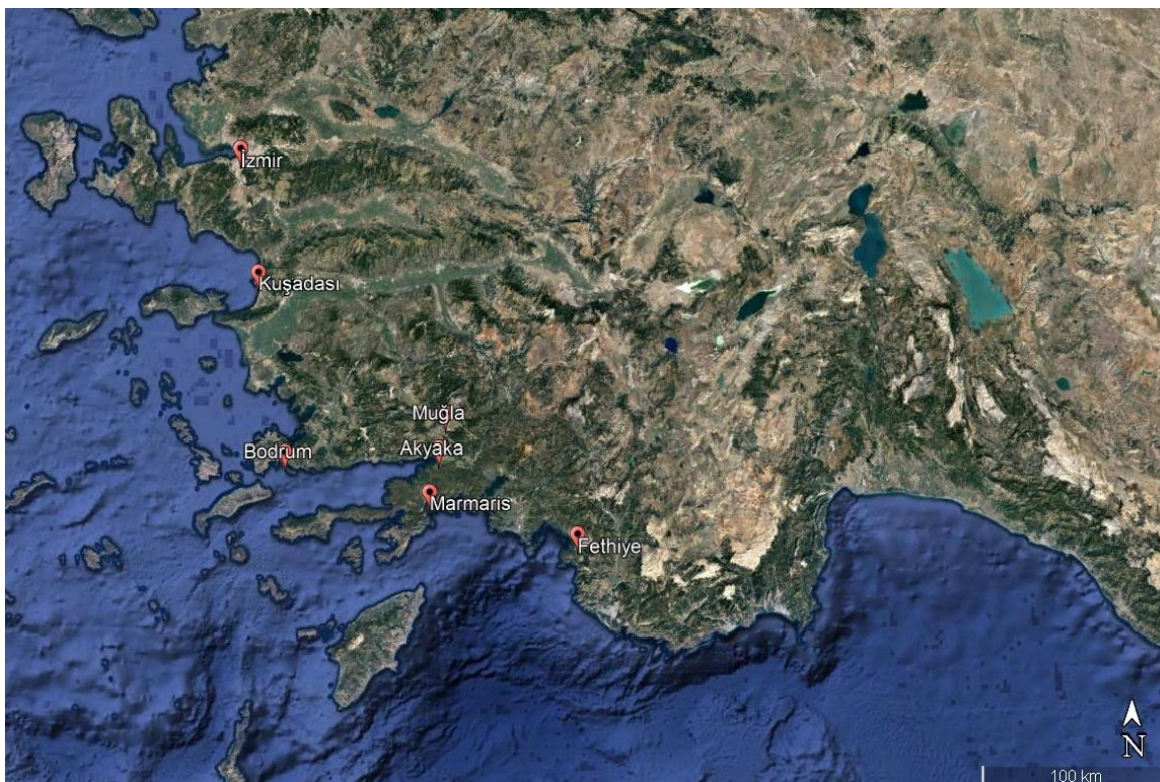


Figure 1. Study area

JELLYFISH AWARENESS QUESTIONNAIRE STUDY

1. Do you know the jellyfish?
YES NO
2. Have you ever been in contact with a jellyfish?
YES NO
3. Can you describe the distinctive characteristics of the jellyfish which you contact? (Colour, size, tentacle length, etc.)
4. Could you score the pain caused by the contact with a jellyfish?

1 (very mild pain)	<input type="checkbox"/>
2 (mild pain)	<input type="checkbox"/>
3 (moderate pain)	<input type="checkbox"/>
4 (severe pain)	<input type="checkbox"/>
5 (very severe pain)	<input type="checkbox"/>
5. Which experiences did you the following cases with pain?
 Itching skin rash open sore erythema skin blisters
 Others (Please write)
6. Did you go to any hospital and health care provider when you contact with a jellyfish?
YES NO
7. Do you know what should be done in jellyfish injury?
YES NO
8. Do you have a scar caused by the jellyfish injury?
YES NO
9. Can you show the jellyfish which you seen commonly from the photographs?
10. Did you give information to the universities, research organisations, municipalities, coast guards, fishing cooperatives and other institutions?
YES NO If yes please write

Figure 2. The questionnaire form

It was wanted from the participants to show the jellyfish which they saw commonly from the photographs. *A. aurita* and *R. pulmo* were commonly seen by the participants. Also, *C. tuberculata* which form aggregations every summer in Gökova Bay was one of the most common species for the people who live in Muğla province. Other species which were seen by the several people were *C. hysoscella*, *R. nomadica*, *P. noctiluca* and *C. andromeda* (Figure 4). *C. andromeda* which is the first lessepsian scyphozoan species reported from the Mediterranean, lives upside-down on the sandy and muddy bottom of the sea floor (Galil et al., 1990). Therefore, this species was only observed by fishermen and divers.

Five persons declared they had no pain. Other participants determined their pain rates as shown in Figure 3. Only five persons had very severe pain because of the jellyfish injuries. Most of the participants described very mild, mild and moderate rates of pain as expected (Figure 4). In the Mediterranean Sea, jellyfish species are not as dangerous as in tropical waters (Bordehore et al., 2015; Mariottini and Pane, 2010; Mariottini et al., 2008). Therefore, jellyfish species are distributed in Turkey coasts do not lead to the hospitalization events. But, injury cases are also related to the allergic responses of the patients (Mariottini and Pane, 2010).

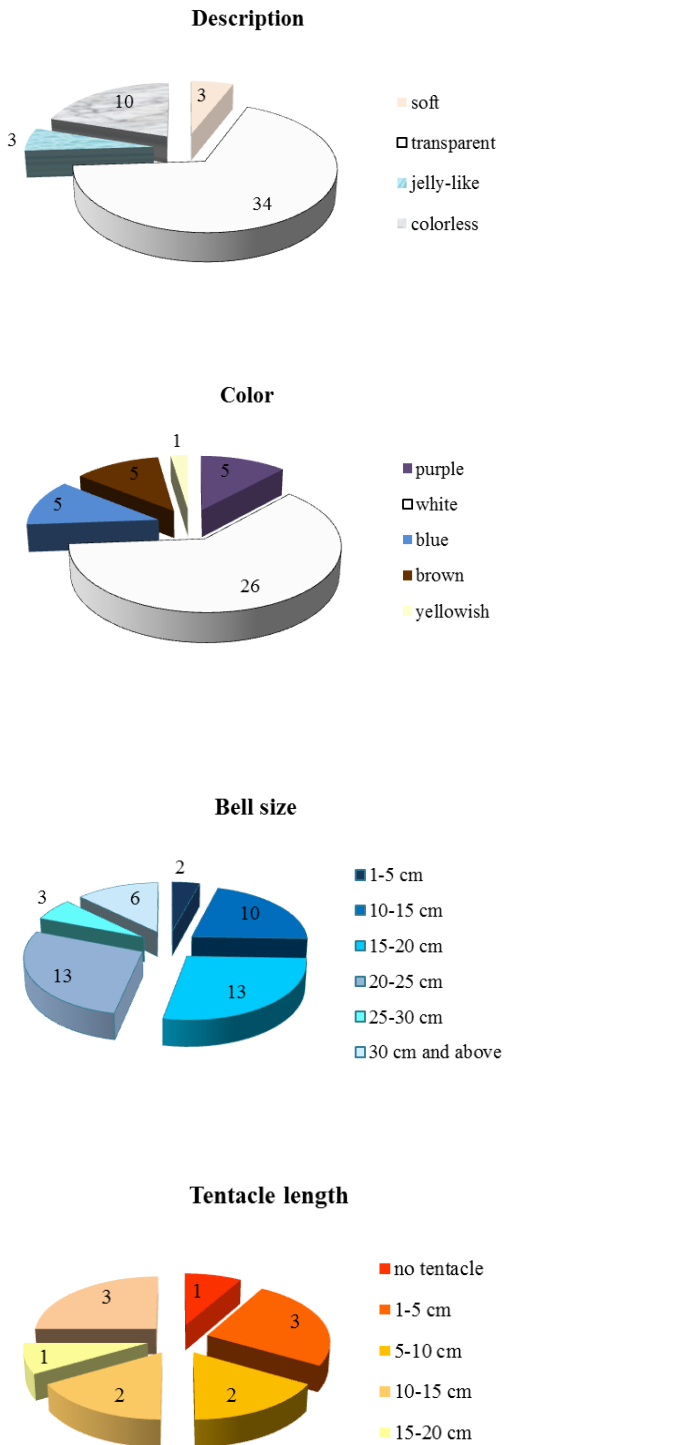


Figure 3. Numbers of the participants who declared description, color, bell size and tentacle length of the jellyfish.

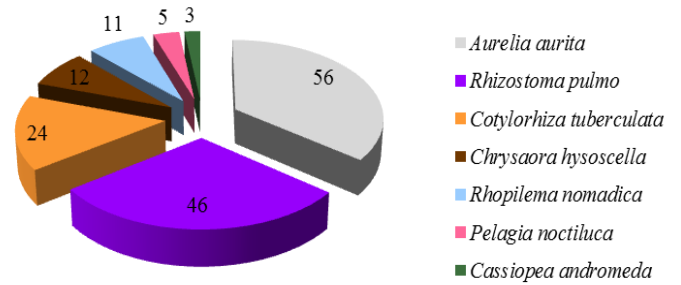


Figure 4. Common jellyfish species which were seen by the participants

Most people said they were injured by jellyfish from their legs. Localities where jellyfish injuries are most common were Bodrum (18 persons), Fethiye (15 persons) and Marmaris (15 persons). Also, thirteen persons in İzmir, eight persons in Akyaka and five persons in Kuşadası have stung by jellyfish previously.

Common effects of the jellyfish injuries were itching and erythema, according to the participants. Also, skin blisters were seen at ten persons who injured by jellyfish. Skin rash was very rare and no effect was seen on three persons (Figure 5). Only seven participants were gone to the hospital or health care provider after the injury but sixty seven persons did not need any medical treatment. The groups are the most exposed to jellyfish injuries are fishermen and swimmers.

Seventy six percent of the participants declared that they did not know what should be done about jellyfish injuries. Other participants knew that they should use vinegar or ammonia. According to Cegalon et al. (2013) ammonia inactivate the nematocysts of scyphomedusae but in cubomedusae it must be use vinegar to counteract nematocysts. Only two persons who are fisherman and divers had scars due to the jellyfish injury. They showed picture of the *Pelagia noctiluca* as the reason of their scars.

96 percent of the participants which encountered before jellyfish bloom or injured by jellyfish did not give an information to the universities, research organizations, municipalities, coast guards, fishing cooperatives and other institutions. Only seven persons have informed to the university and municipality in Muğla coasts. This results showed that most of the people do not cooperate with universities and

institutes in scientific matters. Especially tourism employees avoid to inform jellyfish blooms or injury cases because they are afraid of a decrease in the number of tourists. They do not have any knowledge about scientific importance and their effects on humans. Therefore, causes of blooms, effects on humans and scientific importance of jellyfish should be explained in coastal municipalities, touristic areas and diving centers. Also, trainings and seminars about what should be done in jellyfish injuries should be given.

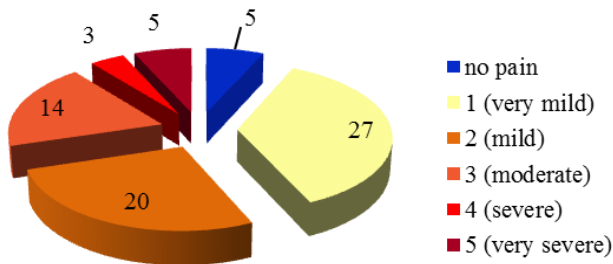


Figure 5. Pain levels of the participants who contacted with jellyfish.

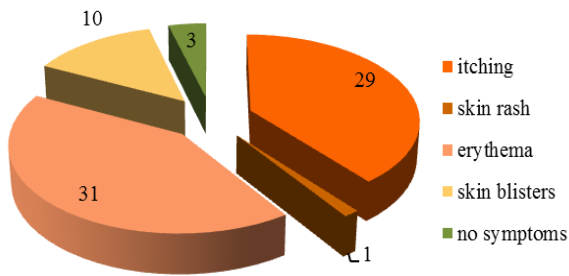


Figure 6. Symptoms on the participants caused by jellyfish



Figure 7. Scar of *Pelagia noctiluca* injury (Photograph by Enis Karazincir)

Conclusion

The Aegean and the Mediterranean coasts of Turkey are important tourism areas. Increasing tourism constructions may cause rising jellyfish blooms in these areas (Purcell et al., 2007; Richardson et al., 2009; Duarte et al., 2013). Therefore, it is inevitable that the tourism sector in collaboration with universities and institutes. The persons working in tourism sector must be conscious about need to do in jellyfish injuries.

Nevertheless, scientific point of view of people has not developed in Turkey. In the past, it was contacted with many hotels about informing jellyfish blooms in all the Muğla coasts but did not get any feedback. For this reason, this study is important to create awareness about scientific researches on people. With this study, forty nine persons of the participants who do not know the jellyfish were informed about these organisms. It was told to all of the par-

participants what need to do in jellyfish injuries. And also, importance of the scientific collaborations with universities and research institutes was explained to the people.

Knowledge exchange between people and scientist can solve the problems of each side. To this end, the National Jellyfish and Gelatinous Organisms Watch Programme (<http://www.yayakarsa.org/index.php/en/>) was started in 2014 in conjunction with the CIESM Jellywatch Programme.

Jellyfish blooms cause nuisance on people even is not dangerous. Most of the participants defined the jellyfish as disgusting, irritating, burning and sticky. Jellyfish stings injure the bathers with pain and other influences such as itching, erythema, oedema, blisters etc. Sometimes people who injured by jellyfish need medical treatment. But, jellyfish injury cases are generally not being recorded from hospitals and health care providers throughout Turkey. Also, there are not lifeguards and medical centres in all the beaches in our coasts. Therefore, the actual number of jellyfish injuries is unknown. For this reason, further projects and questionnaires should be performed to collect data about jellyfish injuries. Additionally, trainings should be given in schools, tourism enterprises and diving schools to create awareness to inform jellyfish blooms and injuries.

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